

# Oxfordshire Minor Eye Conditions Service

If you have a problem with your eyes such as those listed inside this leaflet, then this service can assess and treat you.

The service is funded by the NHS and is available from local opticians throughout Oxfordshire.

Appointments are normally available within 48 hours.

If you are unsure whether your symptoms can be assessed and treated by the service, please contact one of the optometry practices listed in this leaflet and they will advise you.

Free NHS assessment for minor eye conditions at a local optician

City Locality	Tel No:
Boots Opticians, Summertown	01865 558951
Boots Opticians, Oxford	01865 246206
David Spicer Opticians, Botley	01865 241142
Eyesite, Oxford	01865 242300
Gardiners Opticians, Headington	01865 761459
Ideal Eyes, Botley	01865 244699
Ideal Eyes, Cowley	01865 749877
Ideal Eyes, Summertown	01865 302288
Robert Stanley, Headington	01865 766488
Specsavers, Cowley	01865 773344
Specsavers, Oxford	01865 255710
North Locality	
Chipping Norton Opticians	01608 648012
Dray's Eyecare, Banbury	01295 261080
Peepers, Banbury	01295 262219
Specsavers, Banbury	01295 251251
Walford & Round, Banbury	01295 262501
North East Locality	
Boots Opticians, Bicester	01869 320027
Dove and Conway, Bicester	01869 242740
Morgan Optometry, Kidlington	01865 372125
Pitman Optometrists, Kidlington	01865 842044
Robert Stanley, Bicester	01869 360557
Specsavers, Bicester	01869 321422
South East Locality	
Boots Opticians, Wallingford	01491 833200
Ivan Cammack, Thame	01844 212048

South East Locality	Tel No:
Patricia Hayselden, Wallingford	01491 835466
Robert Stanley, Thame	01844 261096
Robert Stanley, Wallingford	01491 837033
South West Locality	
Abingdon Eye Centre	01235 533328
Boots Opticians, Abingdon	01235 520809
Boots Opticians, Wantage	01235 768177
Campbells Opticians, Wantage	01235 763312
Haine and Smith, Faringdon	01367 242262
Robert Stanley, Abingdon	01235 520849
Robert Stanley, Wantage	01235 769596
Scrivens, Abingdon	01235 523217
Scrivens, Wantage	01235 769888
Specsavers, Abingdon	01235 530530
Specsavers, Didcot	01235 517100
Specsavers, Wantage	01235 773980
West Locality	
Carterton Opticians	01993 841268
Michael Lowe & Ps, Carterton	01993 844291
Specsavers, Witney	01993 779977
W & D C Lea, Witney	01993 702134
Woodstock Opticians	01993 811870

## What is the Oxfordshire Minor Eye Conditions Service (MECS)?

Minor eye conditions that can be treated by the service include:

- Red eye or eyelids
- Dry eye gritty and uncomfortable eyes
- Irritation and inflammation of the eye
- Significant recent sticky discharge from the eye or watery eye
- Recently occurring flashes and floaters
- Painful eye
- Ingrowing eyelashes
- Recent and sudden loss of vision
- Foreign body in the eye

**Please note this is not an eyesight test. Some eye conditions are better suited to immediate referral to eye casualty – please ask your optometrist, pharmacist or GP if unsure**

NOTE: This Minor Eye Conditions service is not for major eye conditions such as cataracts, diabetic retinopathy or glaucoma.

For more information on the Oxfordshire Minor Eye Conditions Service see:

[www.oxfordshireloc.org.uk](http://www.oxfordshireloc.org.uk)

## Where should I go?

Registered optometry practices (Opticians) offering the service are listed on the reverse of this leaflet. An appointment will normally be required, so phone first.

Appointments are available during normal working hours. Not all practices have an optometrist available every day, but if they don't, they will be able to find you an appointment elsewhere.

Appointments are available during normal working hours. Some optometry practices offer appointments at the weekend.

## How do I book an appointment with the service?

If you are registered with an Oxfordshire GP and over 6 years of age you can use the service. To make an appointment call one of the optometrists on the back of this leaflet. The most up to date list of participating optometric practices will be on the public page of our website:

[www.oxfordshireloc.org.uk](http://www.oxfordshireloc.org.uk)

You will be asked some questions about your symptoms in order to assess how quickly you need to be seen by the service, which will be within 48 hours or sooner if possible.

Please take your glasses and a list of your current medication with you to the appointment. The optometrist may put drops in your eyes to enlarge your pupils in order to get a better view inside your eyes. You should not drive until the effects of these drops have worn off, which may take a few hours.

If your condition is more serious, the optometrist will book you an urgent appointment at a hospital eye clinic. If you need a routine appointment with a hospital, the optometrist will refer you for this.

You may also be advised to make an appointment with your GP if your eye condition is related to your general health.

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Further copies of this leaflet are available from [www.oxfordshireloc.org.uk](http://www.oxfordshireloc.org.uk)